



**SOUTH DAKOTA STATE
UNIVERSITY EXTENSION**



Cloverbud Fun Zone

Hands-on Activities

Yarn Wrapped Cardboard Letters

Materials Needed:

- Cardboard (draw the first letter of each child's name)
- Sharp scissors
- Yarn
- Masking tape

Instructions:

Have youth pick a color, cut off a long piece, and tape it to the back. Wrap the yarn about the letter. When finished, tape the end to the back.

Cup Towers

Materials Needed:

- 16 oz plastic cups

Instructions:

Break youth into two teams and have them build the tallest tower with their cups.

Ice Breakers

Can You Save Fred?

Materials Needed:

- 1 gummy worm/group (Fred)
- 1 gummy life saver candy/group (life preserver) it must be the gummy kind, not the hard kind
- 1 small, clear plastic cup/group (boat)
- 4 paper clips/group (rescue materials)
- Optional: small tray/group (lake)

Instructions:

Step 1: Place the gummy life saver in the middle of the tray. Turn the small, plastic cup (Fred's boat) upside down and place it over the gummy life saver. Finally, place the gummy worm on top of the plastic cup and the four paper clips to the side.

Step 2: Explain that Fred is a friendly worm who took his boat out on the lake one day. However, Fred was not very smart because he forgot to wear his life preserver! Unfortunately for Fred, a strong wind cause his boat to capsize. Now his boat is upside down, Fred is stranded on top, and his life preserve is underneath!

Step 3: Have your students work in groups of 2-3 people to (1) turn Fred's boat right side up, (2) get Fred back into his boat, and (3) put on Fred's life preserver.

Step 4: However, students must follow certain rules. Students may only touch the paperclips. They may not touch Fred, the boat, or the life preserver directly with their hands. Students must not let Fred fall into the lake or he will drown. Students may not injure Fred (e.g. spearing him with the end of a paper clip.)

Service Project Idea

Kids' Meals: Bag Decorating

Materials Needed:

- Standard, 6 lb. brown lunch bags
- Decorations (suggested: markers, crayons, stamps, stickers, riddles, knock knock jokes, mazes, or encouragement)

Instructions:

Have students decorate these bags. The decorated bags will be filled with food and delivered to hungry children across Houston, TX.

Mail your bags to:

Kids Meals
330 Garden Oaks Blvd.
Houston, TX 77018

For more information visit: <http://kidsmealsinc.org>